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PSYCHOSIS AND SURGERY

by Richard L. Meadows, MD

My interest in the use of Hemi-Sync® tapes with patients with severe personality disorders is connected to my efforts for some time to find effective treatment modalities to add to our present armamentarium for severe personality and psychotic disorders.

Some years ago, I began working with psychotic patients, using psychoanalytic techniques. These can be very helpful, given a sufficiently supportive environment to deal with the turmoil which is involved in such work, when conflicts having to do with pregenital ego deficits and dependency conflicts are mobilized. Later, I extended this work to other patients with schizophrenic illness, as well as some with severe ego deficits who were also suffering from psychophysiologic problems, such as ulcerative colitis. Again the work was initially beneficial, followed by some intense turbulence and eventual resolution at a higher level of integration and functioning. It was necessary to do this work in conjunction with intensive psychotherapy and adequate, reliable, and consistent support systems.

More recently, it has been my pleasure to find that the Hemi-Sync tape *Concentration* has been especially helpful with patients with schizoid personality tendencies, as well as, in a more general sense, individuals having difficulties with assertiveness and self-confidence. The tapes have been used in conjunction with psychodynamic psychotherapy and, if necessary, psychotropic medications to help maintain functioning in the community, and/or relieve excessive distress.

In addition, I have found the use of the *EMERGENCY SERIES* very helpful to patients undergoing major surgery, such as bilateral knee replacement. There has been a significant reduction in the use of anesthesia and narcotic medications for pain, as well as a more rapid, uncomplicated, and less painful recovery phase.

While the above results are anecdotal, they appear to be sufficiently worthwhile for me to submit them for your attention....

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